

THE VETERANS ONE-STOP CENTER PRESENTS:



COHESION

Health & Fitness Center

@ Veterans One-stop Center

**FREE gym membership
for Veterans, + a guest!**

-Open gym & weekly classes-



**Personal trainers on-staff to
help you reach your goals!**

**100 Gelston Street
Buffalo, N.Y. 14213**

www.vocwny.org

716-898-0110 ext 101



**Veterans
One-stop Center**

**What are you capable of?
Come find out.**

